



# SEPTEMBER BREAKFAST MENU

## BUENA VISTA CITY SCHOOLS



### TAP HEADSTART

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BAGEL 100% FRUIT JUICE LOW FAT MILK	2 CHEESE TOAST 100% FRUIT JUICE LOW FAT MILK
5 <b>NO SCHOOL</b>	6 BACON BISCUIT 100% FRUIT JUICE LOW FAT MILK	7 JELLY TOAST 100% FRUIT JUICE LOW FAT MILK	8 FRENCH TOAST 100% FRUIT JUICE LOW FAT MILK	9 BREAKFAST PIZZA 100% FRUIT JUICE LOW FAT MILK
12 PANCAKES 100% FRUIT JUICE LOW FAT MILK	13 BAGEL 100% FRUIT JUICE LOW FAT MILK	14 MUFFIN 100% FRUIT JUICE LOW FAT MILK	15 SCRAMBLED EGGS W/ BISCUIT 100% FRUIT JUICE LOW FAT MILK	16 BISCUIT & GRAVY 100% FRUIT JUICE LOW FAT MILK
19 BREAKFAST PIZZA 100% FRUIT JUICE LOW FAT MILK	20 BREAKFAST ON A STICK 100% FRUIT JUICE LOW FAT MILK	21 SAUSAGE BISCUIT 100% FRUIT JUICE LOW FAT MILK	22 EGG OMELETTE & BISCUIT 100% FRUIT JUICE LOW FAT MILK	23 WAFFLES 100% FRUIT JUICE LOW FAT MILK
26 <b>NO SCHOOL</b>	27 PANCAKES 100% FRUIT JUICE LOW FAT MILK	28 CHICKEN BISCUIT 100% FRUIT JUICE LOW FAT MILK	29 CEREAL 100% FRUIT JUICE LOW FAT MILK	30 EGG PATTY W/ CHEESE TOAST 100% FRUIT JUICE LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352