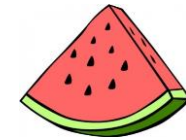


## SEPTEMBER LUNCH MENU PARRY MCCLUER HIGH SCHOOL



**PB&J SANDWICHES W/ STRING CHEESE AND CHEF SALADS OFFERED DAILY**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 PIZZA TOSSED SALAD CARROTS FRUIT CHOICE OF LOW FAT MILK	2 PULLED PORK BBQ ON BUN COLESLAW FRIES FRUIT CHOICE OF LOW FAT MILK
5 <b>NO SCHOOL</b>	6 RAVIOLI CORN TOSSED SALAD FRUIT CHOICE OF LOW FAT MILK	7 CHEESEBURGER ON BUN BAKED POTATO BROCCOLI FRUIT CHOICE OF LOW FAT MILK	8 PIZZA TOSSED SALAD CARROTS FRUIT CHOICE OF LOW FAT MILK	9 BUFFALO CHICKEN WRAP LETTUCE/TOMATO/ONION BLACK BEAN SALAD SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK
12 CHICKEN FAJITA WRAP CORN BLACK BEAN SALAD FRUIT CHOICE OF LOW FAT MILK	13 HOT HAM & CHEESE FRIES PEAS FRUIT CHOICE OF LOW FAT MILK	14 CHICKEN POPPER PARMESAN WITH PRETZEL STICK TOSSED SALAD BROCCOLI FRUIT CHOICE OF LOW FAT MILK	15 PIZZA TOSSED SALAD CARROTS FRUIT CHOICE OF LOW FAT MILK	16 MACARONI & CHEESE GREEN BEANS SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK
19 HAMBURGER ON BUN BAKED BEANS SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	20 GRILLED CHICKEN SANDWICH LETTUCE/TOMATO/ONION/PICKLE CORN FRUIT CHOICE OF LOW FAT MILK	21 CHICKEN ALFREDO W/ GARLIC TOAST BROCCOLI PEAS FRUIT CHOICE OF LOW FAT MILK	22 PIZZA TOSSED SALAD CARROTS FRUIT CHOICE OF LOW FAT MILK	23 HAMBURGER STEAK & GRAVY W/ ROLL MASHED POTATOES GREEN BEANS FRUIT CHOICE OF LOW FAT MILK
26 <b>NO SCHOOL</b>	27 CORN DOG NUGGETS BAKED BEANS BROCCOLI W/ CHEESE FRUIT CHOICE OF LOW FAT MILK	28 LASAGNA W/ GARLIC BREAD SPINACH SALAD PEAS FRUIT CHOICE OF LOW FAT MILK	29 PIZZA TOSSED SALAD CARROTS TOMATO CUP FRUIT CHOICE OF LOW FAT MILK	30 MEATBALL SUB CORN FRESH BROCCOLI FRUIT CHOICE OF LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352