

SEPTEMBER LUNCH MENU

BUENA VISTA CITY SCHOOLS

TAP HEADSTART

Monday	Tuesday	Wednesday	Thursday	Friday
			1 POPCORN CHICKEN BROCCOLI & CHEESE FRUIT LOW FAT MILK	2 CLUB SANDWICH GREEN BEANS FRUIT LOW FAT MILK
5 NO SCHOOL	6 PIZZA SALAD FRUIT LOW FAT MILK	7 HAMBURGER/BUN POTATO FRUIT LOW FAT MILK	8 RAVIOLI CORN FRUIT LOW FAT MILK	9 BUFFALO CHICKEN WRAP BLACK BEAN SALAD FRUIT LOW FAT MILK
12 CHICKEN FAJITA CORN FRUIT LOW FAT MILK	13 PIZZA CARROTS FRUIT LOW FAT MILK	14 MACARONI & CHEESE GREEN BEANS FRUIT LOW FAT MILK	15 CHICKEN POPPER PARMESAN SALAD FRUIT LOW FAT MILK	16 HAM & CHEESE SANDWICH FRIES FRUIT LOW FAT MILK
19 BAKED CHICKEN/ROLL SWEET POTATOES FRUIT LOW FAT MILK	20 PIZZA SALAD FRUIT LOW FAT MILK	21 CHICKEN ALFREDO PEAS FRUIT LOW FAT MILK	22 CHICKEN SANDWICH CORN FRUIT LOW FAT MILK	23 HAMBURGER STEAK/ROLL MASHED POTATOES GREEN BEANS LOW FAT MILK
26 NO SCHOOL	27 PIZZA CARROTS FRUIT LOW FAT MILK	28 LASAGNA SALAD FRUIT LOW FAT MILK	29 MEATBALL/ROLL CORN FRUIT LOW FAT MILK	30 CORN DOG NUGGETS BAKED BEANS FRUIT LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352