



OCTOBER BREAKFAST MENU

BUENA VISTA CITY SCHOOLS

PRE SCHOOL



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
BREAKFAST PIZZA 100% FRUIT JUICE LOW FAT MILK	STRAWBERRY BAGEL 100% FRUIT JUICE LOW FAT MILK	BACON BISCUIT 100% FRUIT JUICE LOW FAT MILK	CEREAL 100% FRUIT JUICE LOW FAT MILK	FRENCH TOAST 100% FRUIT JUICE LOW FAT MILK
10	11	12	13	14
PANCAKES 100% FRUIT JUICE LOW FAT MILK	MUFFIN 100% FRUIT JUICE LOW FAT MILK	BISCUITS & GRAVY 100% FRUIT JUICE LOW FAT MILK	CEREAL 100% FRUIT JUICE LOW FAT MILK	SCRAMBLED EGGS W/ BISCUIT 100% FRUIT JUICE LOW FAT MILK
17	18	19	20	21
SAUSAGE BISCUIT 100% FRUIT JUICE LOW FAT MILK	WAFFLES 100% FRUIT JUICE LOW FAT MILK	BREAKFAST ON A STICK 100% FRUIT JUICE LOW FAT MILK	EGG OMELETTE & BISCUIT 100% FRUIT JUICE LOW FAT MILK	NO SCHOOL
24	25	26	27	28
OATMEAL 100% FRUIT JUICE LOW FAT MILK	CHICKEN BISCUIT 100% FRUIT JUICE LOW FAT MILK	EGG PATTY W/ CHEESE TOAST 100% FRUIT JUICE LOW FAT MILK	CEREAL 100% FRUIT JUICE LOW FAT MILK	NO SCHOOL
31	1	2	3	4
BREAKFAST PIZZA 100% FRUIT JUICE LOW FAT MILK	CEREAL 100% FRUIT JUICE LOW FAT MILK	STRAWBERRY BAGEL 100% FRUIT JUICE LOW FAT MILK	FRENCH TOAST 100% FRUIT JUICE LOW FAT MILK	BACON BISCUIT 100% FRUIT JUICE LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352