

OCTOBER LUNCH MENU BUENA VISTA CITY PUBLIC SCHOOLS

PRE SCHOOL



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
NO	PIZZA	BAKED POTATO	PULLED PORK BBQ ON BUN W/ COLESLAW	WALKING TACO
TAP HEADSTART	TOSSED SALAD	KIDNEY BEANS	GREEN BEANS	CORN
TAF HEADSTAKT	TOSSED SALAD	RIDINET BEARS	GREEN BEANS	CORN
	FRUIT	FRUIT	FRUIT	FRUIT
	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK
10	11	12	13	14
POPCORN CHICKEN W/ ROLL	PIZZA	MEAT LOAF W/ ROLL	RAVIOLI	MACARONI & CHEESE
BROCCOLI & CHEESE		MASHED POTATOES	CORN	PEAS
	CARROTS	GREEN BEANS		SWEET POTATOES
FRUIT	FRUIT		FRUIT	
LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK
17	18	19	20	21
CHICKEN NUGGETS W/ ROLL	PIZZA	SPAGHETTI W/ GARLIC BREAD	CORN DOG	
	TOSSED SALAD	, -		NO SCHOOL
SWEET POTATOES		CORN	BAKED BEANS	
FRUIT	FRUIT	FRUIT	FRUIT	
LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	
24	25	26	27	28
			POPCORN CHICKEN	
HOT HAM & CHEESE	PIZZA	CHILI W/ CHEESE & CRACKERS	W/ MACARONI SALAD	NO SCHOOL
FRIES		BAKED POTATO		
	CARROTS		SWEET POTATOES	
FRUIT	FRUIT	FRUIT	FRUIT	
LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	
31	1	2	3	4
RANCH CHICKEN WRAP	PIZZA	CHICKEN ALFREDO	HOT DOOG	HAMBURGER STEAK & GRAVY W/ ROLL
BLACK BEAN SALAD	TOSSED SALAD	BROCCOLI	COLESLAW	MASHED POTATOES
	. 33312 3.12.12	2		GREEN BEANS
FRUIT	FRUIT	FRUIT	FRUIT	
LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK

THIS INSTITUITION IS AN EQUAL OPPORTUNITY PROVIDER