



OCTOBER LUNCH MENU BUENA VISTA CITY PUBLIC SCHOOLS

PRE SCHOOL



Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">3</div> <p>CHEESEBURGER ON BUN POTATO WEDGES</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">4</div> <p>PIZZA TOSSED SALAD</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">5</div> <p>BAKED POTATO KIDNEY BEANS</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">6</div> <p>PULLED PORK BBQ ON BUN W/ COLESLAW GREEN BEANS</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">7</div> <p>WALKING TACO CORN</p> <p>FRUIT LOW FAT MILK</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">10</div> <p>POPCORN CHICKEN W/ ROLL BROCCOLI & CHEESE</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">11</div> <p>PIZZA CARROTS FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">12</div> <p>MEAT LOAF W/ ROLL MASHED POTATOES GREEN BEANS</p> <p>LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">13</div> <p>RAVIOLI CORN</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">14</div> <p>MACARONI & CHEESE PEAS SWEET POTATOES</p> <p>LOW FAT MILK</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">17</div> <p>CHICKEN NUGGETS W/ ROLL</p> <p>SWEET POTATOES FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">18</div> <p>PIZZA TOSSED SALAD</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">19</div> <p>SPAGHETTI W/ GARLIC BREAD</p> <p>CORN FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">20</div> <p>CORN DOG</p> <p>BAKED BEANS FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">21</div> <p style="color: red; font-weight: bold;">NO SCHOOL</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">24</div> <p>HOT HAM & CHEESE FRIES</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">25</div> <p>PIZZA CARROTS FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">26</div> <p>CHILI W/ CHEESE & CRACKERS BAKED POTATO</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">27</div> <p>POPCORN CHICKEN W/ MACARONI SALAD</p> <p>SWEET POTATOES FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">28</div> <p style="color: red; font-weight: bold;">NO SCHOOL</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">31</div> <p>RANCH CHICKEN WRAP BLACK BEAN SALAD</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">1</div> <p>PIZZA TOSSED SALAD</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">2</div> <p>CHICKEN ALFREDO BROCCOLI</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">3</div> <p>HOT DOOG COLESLAW</p> <p>FRUIT LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">4</div> <p>HAMBURGER STEAK & GRAVY W/ ROLL MASHED POTATOES GREEN BEANS</p> <p>LOW FAT MILK</p> </div>

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352