

# OCTOBER SNACK MENU

## BUENA VISTA CITY SCHOOLS

### B.E.S.T. PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
PRETZELS CHOICE OF LOW FAT MILK	APPLE CHOICE OF LOW FAT MILK	CHIPS CHOICE OF LOW FAT MILK	SANDWICH CHOICE OF LOW FAT MILK	
10	11	12	13	14
MUFFIN CHOICE OF LOW FAT MILK	CEREAL CHOICE OF LOW FAT MILK	ANIMAL CRACKERS CHOICE OF LOW FAT MILK	CHIPS CHOICE OF LOW FAT MILK	
17	18	19	20	21
GOLD FISH/STRING CHEESE CHOICE OF LOW FAT MILK	KEEBLER GRAHAMS CHOICE OF LOW FAT MILK	CHIPS CHOICE OF LOW FAT MILK	YOGURT CHOICE OF LOW FAT MILK	NO SCHOOL
24	25	26	27	28
CHIPS CHOICE OF LOW FAT MILK	SANDWICH CHOICE OF LOW FAT MILK	FRUIT CHOICE OF LOW FAT MILK	CEREAL CHOICE OF LOW FAT MILK	
31	1	2	3	4
MUFFIN CHOICE OF LOW FAT MILK	CHIPS CHOICE OF LOW FAT MILK	SANDWICH CHOICE OF LOW FAT MILK	(2) GOLD FISH GRAHAM CHOICE OF LOW FAT MILK	

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352