



NOVEMBER BREAKFAST MENU

BUENA VISTA CITY SCHOOLS



CEREAL IS OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	DONUT & YOGURT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	STRAWBERRY BAGEL FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	FRENCH TOAST W/ SAUSAGE FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BACON BISCUIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
7	8	9	10	11
PANCAKES FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	MUFFIN & YOGURT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BISCUIT & GRAVY FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	SCRAMBLED EGGS W/ BISCUIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	FRUIT PARFAIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
14	15	16	17	18
BREAKFAST PIZZA FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	SAUSAGE BISCUIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	EGG & CHEESE OMELETTE W/ BISCUIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BREAKFAST STICK FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	CHICKEN & WAFFLES FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
21	22	23	24	25
CHICKEN BISCUIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	PANCAKES FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	NO SCHOOL	NO SCHOOL	NO SCHOOL
28	29	30	1	2
STRAWBERRY BAGEL FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	DONUT & YOGURT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BREAKFAST PIZZA FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BACON BISCUIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	FRENCH TOAST W/ SAUSAGE FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352