



# NOVEMBER BREAKFAST MENU

## BUENA VISTA CITY SCHOOLS

### PRE SCHOOL



**CEREAL IS OFFERED DAILY**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CEREAL 100% FRUIT JUICE LOW FAT MILK	2 STRAWBERRY BAGEL 100% FRUIT JUICE LOW FAT MILK	3 FRENCH TOAST 100% FRUIT JUICE LOW FAT MILK	4 BACON BISCUIT 100% FRUIT JUICE LOW FAT MILK
7 PANCAKES 100% FRUIT JUICE LOW FAT MILK	8 MUFFIN 100% FRUIT JUICE LOW FAT MILK	9 BISCUIT & GRAVY 100% FRUIT JUICE LOW FAT MILK	10 SCRAMBLED EGGS W/ BISCUIT 100% FRUIT JUICE LOW FAT MILK	11 CEREAL 100% FRUIT JUICE LOW FAT MILK
14 BREAKFAST PIZZA 100% FRUIT JUICE LOW FAT MILK	15 SAUSAGE BISCUIT 100% FRUIT JUICE LOW FAT MILK	16 EGG OMELETTE & BISCUIT 100% FRUIT JUICE LOW FAT MILK	17 BREAKFAST STICK 100% FRUIT JUICE LOW FAT MILK	18 WAFFLES 100% FRUIT JUICE LOW FAT MILK
21 CHICKEN BISCUIT 100% FRUIT JUICE LOW FAT MILK	22 PANCAKES 100% FRUIT JUICE LOW FAT MILK	23 <b>NO SCHOOL</b>	24 <b>NO SCHOOL</b>	25 <b>NO SCHOOL</b>
28 STRAWBERRY BAGEL 100% FRUIT JUICE LOW FAT MILK	29 CEREAL 100% FRUIT JUICE LOW FAT MILK	30 BREAKFAST PIZZA 100% FRUIT JUICE LOW FAT MILK	1 BACON BISCUIT 100% FRUIT JUICE LOW FAT MILK	2 FRENCH TOAST 100% FRUIT JUICE LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352