

NOVEMBER SNACK MENU

BUENA VISTA CITY SCHOOLS

TAP HEADSTART

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	APPLE LOW FAT MILK	GOLD FISH LOW FAT MILK	STRING CHEESE/CRACKER LOW FAT MILK	CEREAL LOW FAT MILK
7	8	9	10	11
MUFFIN LOW FAT MILK	TEDDY GRAHAMS LOW FAT MILK	ANIMAL CRACKERS LOW FAT MILK	BANANA LOW FAT MILK	CHEESE/CRACKER LOW FAT MILK
14	15	16	17	18
GOLD FISH LOW FAT MILK	KEEBLER GRAHAMS LOW FAT MILK	ORANGE LOW FAT MILK	PRETZEL LOW FAT MILK	CEREAL LOW FAT MILK
21	22	23	24	25
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
28	29	30	1	2
MUFFIN LOW FAT MILK	STRAWBERRY CUP LOW FAT MILK	CEREAL LOW FAT MILK	GOLD FISH LOW FAT MILK	CRACKER/STRING CHEESE LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352