



DECEMBER BREAKFAST MENU

BUENA VISTA CITY SCHOOLS



CEREAL IS OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			BACON BISCUIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	FRENCH TOAST W/ SAUSAGE FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
5	6	7	8	9
PANCAKES FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	MUFFIN & YOGURT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BISCUITS & GRAVY FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	SCRAMBLED EGGS W/ BISCUIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	FRUIT PARFAIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
12	13	14	15	16
SAUSAGE BISCUIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BREAKFAST STICK FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	CHICKEN & WAFFLES FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BREAKFAST PIZZA FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	EGG OMELETTE & BISCUIT FRESH FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
19	20	21	22	23
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
26	27	28	29	30
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352