

**JANUARY LUNCH MENU
BUENA VISTA CITY SCHOOLS**

PB&J SANDWICHES W/ STRING CHEESE & CRACKERS AND CHEF SALADS OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 PIZZA POTATO WEDGES CORN FRUIT CHOICE OF LOW FAT MILK	4 TURKEY & CHEESE W/ BACON WRAP FRESH VEGGIE CUP SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	5 CHICKEN FAJITA WRAP REFRIED BEANS TOSSED SALAD FRUIT CHOICE OF LOW FAT MILK	6 CHICKEN NUGGETS ROLL GREEN BEANS MASHED POTATOES FRUIT CHOICE OF LOW FAT MILK
9 CORN DOG NUGGETS SWEET POTATOES BAKED BEANS FRUIT CHOICE OF LOW FAT MILK	10 PIZZA TOSSED SALAD CARROTS FRUIT CHOICE OF LOW FAT MILK	11 BBQ CHICKEN W/ ROLL SPINACH SALAD GREEN BEANS FRUIT CHOICE OF LOW FAT MILK	12 MASHED POTATO BOWL (POPCORN CHICKEN W/ MASHED POTATOES, CORN, BISCUIT & GRAVY) FRUIT CHOICE OF LOW FAT MILK	13 MEATBALL SUB TOSSED SALAD FRESH BROCCOLI FRUIT CHOICE OF LOW FAT MILK
16 NO SCHOOL	17 PIZZA TOSSED SALAD CARROTS FRUIT CHOICE OF LOW FAT MILK	18 WALKING TACO CORN REFRIED BEANS FRUIT CHOICE OF LOW FAT MILK	19 PULLED PORK BBQ W/ COLESLAW GREEN BEANS SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	20 CHEESEBURGER ON BUN POTATO WEDGES BROCCOLI FRUIT CHOICE OF LOW FAT MILK
23 POPCORN CHICKEN W/ ROLL BROCCOLI W/ CHEESE BAKED BEANS FRUIT CHOICE OF LOW FAT MILK	24 PIZZA TOSSED SALAD CARROTS FRUIT CHOICE OF LOW FAT MILK	25 MEAT LOAF W/ ROLL MASHED POTATOES GREEN BEANS FRUIT CHOICE OF LOW FAT MILK	26 RAVIOLI TOSSED SALAD CORN FRUIT CHOICE OF LOW FAT MILK	27 MAC & CHEESE PEAS SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK
30 CHICKEN TENDERS W/ ROLL BROCCOLI SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	31 PIZZA TOSSED SALAD CARROTS FRUIT CHOICE OF LOW FAT MILK	1 BAKED SPAGHETTI W/ GARLIC BREAD TOSSED SALAD CORN FRUIT CHOICE OF LOW FAT MILK	2 GRILLED CHICKEN SANDWICH LETTUCE/TOMATO/PICKLE GREEN BEANS FRUIT CHOICE OF LOW FAT MILK	3 CORN DOG PEAS BAKED BEANS FRUIT CHOICE OF LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352