



## JANUARY BREAKFAST MENU BUENA VISTA CITY SCHOOLS



### CEREAL OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>NO SCHOOL</b>	OATMEAL W/ STRING CHEESE FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	PANCAKES FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	CHICKEN BISCUIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	EGG PATTY W/ CROISSANT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
9	10	11	12	13
STRAWBERRY BAGEL FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	DONUT & YOGURT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BACON BISCUIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BREAKFAST PIZZA FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	FRENCH TOAST W/ SAUSAGE FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
16	17	18	19	20
<b>NO SCHOOL</b>	PANCAKES FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	MUFFIN & YOGURT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	SCRAMBLED EGGS W/ BISCUIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BISCUIT & GRAVY FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
23	24	25	26	27
BREAKFAST STICK FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	SAUSAGE BISCUIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	EGG OMELETTE & BISCUIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	CHICKEN & WAFFLES FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BREAKFAST PIZZA FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
30	31	1	2	3
PANCAKES FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	OATMEAL W/ STRING CHEESE FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	EGG PATTY W/ CHEESE TOAST FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BREAKFAST BANANA SPLIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	CHICKEN BISCUIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352