## JANUARY BREAKFAST MENU BUENA VISTA CITY SCHOOLS



## TAP PRE K

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL	OATMEAL	PANCAKES	CHICKEN BISCUIT	EGG PATTY W/ CROISSANT
No School	100% FRUIT JUICE	<b>100% FRUIT JUICE</b>	<b>100% FRUIT JUICE</b>	100% FRUIT JUICE
	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK
9	10	11	12	13
STRAWBERRY BAGEL	CEREAL	BACON BISCUIT	BREAKFAST PIZZA	FRENCH TOAST
100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE
LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK
10	5 17	18	19	20
NO SCHOOL	PANCAKES	MUFFIN	SCRAMBLED EGGS W/ BISCUIT	<b>BISCUIT &amp; GRAVY</b>
	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE
	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK
23	3	25	26	27
BREAKFAST STICK	SAUSAGE BISCUIT	EGG OMELETTE & BISCUIT	WAFFLES	BREAKFAST PIZZA
100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE
LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK
30	31	1	2	3
PANCAKES	OATMEAL	EGG PATTY W/ CHEESE TOAST	CEREAL	CHICKEN BISCUIT
100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE
LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK

THIS INSTITUITION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352