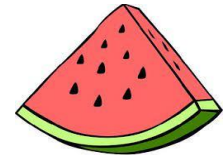




2023 SEPTEMBER LUNCH MENU BUENA VISTA CITY PUBLIC SCHOOLS

PRE K



PB&J SANDWICH W/ STRING CHEESE & GOLDFISH AND CHEF SALADS OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
	MENU SUBJECT TO CHANGE			1 CHICKEN FAJITA WRAP CORN FRUIT CHOICE OF LOW FAT MILK
4 NO SCHOOL	5 CORNDOG NUGGETS BAKED BEANS FRUIT CHOICE OF LOW FAT MILK	6 SPAGHETTI W/ GARLIC BREAD CORN FRUIT CHOICE OF LOW FAT MILK	7 HOT HAM & CHEESE FRIES FRUIT CHOICE OF LOW FAT MILK	8 MEATBALLS W/ ROLL GREEN BEANS FRUIT CHOICE OF LOW FAT MILK
11 POPCORN CHICKEN W/ ROLL SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	12 PIZZA GLAZED CARROTS FRUIT CHOICE OF LOW FAT MILK	13 CHICKEN ALFREDO W/ GARLIC BREAD BROCCOLI FRUIT CHOICE OF LOW FAT MILK	14 SOFT BEEF TACO CORN FRUIT CHOICE OF LOW FAT MILK	15 RAVIOLI GREEN BEANS FRUIT CHOICE OF LOW FAT MILK
18 CHICKEN & RICE PEAS FRUIT CHOICE OF LOW FAT MILK	19 TURKEY & CHEESE SANDWICH SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	20 PULLED PORK ON BUN MASHED POTATOES FRUIT CHOICE OF LOW FAT MILK	21 CHICKEN PATTY ON BUN VEGETABLE BLEND FRUIT CHOICE OF LOW FAT MILK	22 CHICKEN TENDERS W/ ROLL GREEN BEANS FRUIT CHOICE OF LOW FAT MILK
25 NO SCHOOL	26 PIZZA GLAZED CARROTS FRUIT CHOICE OF LOW FAT MILK	27 CORNDOG NUGGETS FRIES FRUIT CHOICE OF LOW FAT MILK	28 GROUND BEEF NACHOS CORN FRUIT CHOICE OF LOW FAT MILK	29 MAC & CHEESE GREEN BEANS FRUIT CHOICE OF LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352