



OCTOBER 2023 BREAKFAST MENU

BUENA VISTA CITY PUBLIC SCHOOLS



PRE K
MENU SUBJECT TO CHANGE
CEREAL OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">2</div> <p>CHERRY FRUDEL FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">3</div> <p>SAUSAGE BISCUIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">4</div> <p>STRAWBERRY BAGEL FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">5</div> <p>EGG & CHEESE OMELETTE W/ CROISSANT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">6</div> <p>CINNAMON CHIP SCONE FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">9</div> <p>WAFFLES FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">10</div> <p>BREAKFAST STICK FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">11</div> <p>MUFFIN FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">12</div> <p>SCRAMBLED EGGS W/ BISCUIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">13</div> <p>SLICE OF BLUEBERRY BREAD FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">16</div> <p>BREAKFAST PIZZA FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">17</div> <p>CHICKEN BISCUIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">18</div> <p>SLICE OF BANANA BREAD FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">19</div> <p>FRIED EGG PATTY W/ CROISSANT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">20</div> <p>FRENCH TOAST STICKS FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">23</div> <p>NO SCHOOL</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">24</div> <p>CINNAMON BAGEL FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">25</div> <p>DONUT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">26</div> <p>EGG, SAUSAGE & CHEESE TACO FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">27</div> <p>MIXED BERRY SCONE FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">30</div> <p>PANCAKES FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">31</div> <p>SLICE OF PUMPKIN BREAD FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">1</div> <p>CINNAMON ROLL FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">2</div> <p>EGG & CHEESE WRAP FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <div style="text-align: right; font-weight: bold;">3</div> <p>BISCUIT & GRAVY FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK</p> </div>

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352