

## 2023 NOVEMBER LUNCH MENU PARRY McCLUER HIGH SCHOOL



PB&J SANDWICHES W/ STRING CHEESE & GOLDFISH AND SALADS ARE OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
<b>MENU SUBJECT TO CHANGE</b>		1 PIZZA TOSSED SALAD CARROT CUP FRUIT CHOICE OF LOW FAT MILK	2 MAC & CHEESE COOKIE BROCCOLI SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	3 <b>NO SCHOOL</b>
6 CHICKEN QUESADILLA SALSA CUP SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	7 HOT HAM & CHEESE GREEN BEANS CARROTS FRUIT CHOICE OF LOW FAT MILK	8 CORN DOG BAKED BEANS FRESH VEGGIE CUP FRUIT CHOICE OF LOW FAT MILK	9 LASAGNA W/ GARLIC BREAD TOSSED SALAD CORN FRUIT CHOICE OF LOW FAT MILK	10 TERIYAKI CHICKEN & RICE CORNBREAD POPPERS BROCCOLI PEAS FRUIT CHOICE OF LOW FAT MILK
13 PEPPERONI POCKET FRESH VEGGIE CUP GREEN BEANS FRUIT CHOICE OF LOW FAT MILK	14 CHICKEN EMPANADA TOSTITOS & SALSA TOSSED SALAD CORN FRUIT CHOICE OF LOW FAT MILK	15 HOT DOG ON BUN BAKED BEANS SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	16 CHICKEN ALFREDO W/ BREADSTICK BROCCOLI PEAS FRUIT CHOICE OF LOW FAT MILK	17 SALISBURY STEAK & GRAVY W/ ROLL MASHED POTATOES GREEN BEANS FRUIT CHOICE OF LOW FAT MILK
20 PULLED PORK BBQ ON BUN COLESLAW BAKED POTATO FRUIT CHOICE OF LOW FAT MILK	21 TURKEY & GRAVY W/ ROLL STUFFING MASHED POTATOES GREEN BEANS FRUIT CHOICE OF LOW FAT MILK	22 <b>NO SCHOOL</b>	23 <b>NO SCHOOL</b>	24 <b>NO SCHOOL</b>
27 BACON CHEESEBURGER ON BUN BAKED BEANS SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	28 CHICKEN PARMESAN PANINI TOSSED SALAD FRESH VEGGIE CUP FRUIT CHOICE OF LOW FAT MILK	29 PIZZA POTATO WEDGES FRESH VEGGIE CUP CARROT CUP FRUIT CHOICE OF LOW FAT MILK	30 WALKING TACO PRETZEL MEXICALI CORN REFRIED BEANS FRUIT CHOICE OF LOW FAT MILK	1 CHICKEN & RICE CORNBREAD POPPERS BROCCOLI PEAS FRUIT CHOICE OF LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352