



2023 NOVEMBER BREAKFAST MENU BUENA VISTA CITY SCHOOLS

MENU SUBJECT TO CHANGE
CEREAL OFFERED DAILY



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		CINNAMON ROLL FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	EGG, BACON & CHEESE WRAP FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	NO SCHOOL
6	7	8	9	10
CHICKEN & WAFFLES FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BREAKFAST STICK FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	MUFFIN & YOGURT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	SCRAMBLED EGGS W/ BISCUIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	SLICE OF BLUEBERRY BREAD FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
13	14	15	16	17
CINNAMON BAGEL FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	CHICKEN BISCUIT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BREAKFAST PIZZA FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	FRIED EGG PATTY W/ CROISSANT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	FRENCH TOAST W/ SAUSAGE PATTY FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK
20	21	22	23	24
DONUT & YOGURT FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	SLICE OF PUMPKIN BREAD FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	NO SCHOOL	NO SCHOOL	NO SCHOOL
27	28	29	30	1
CINNAMON ROLL FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	PANCAKES FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	APPLE FRUDEL FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	EGG, BACON & CHEESE WRAP FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK	BISCUIT & GRAVY FRUIT 100% FRUIT JUICE CHOICE OF LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352