JANUARY 2024 BREAKFAST MENU

BUENA VISTA CITY SCHOOLS

PRE K





CEREAL OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday	
	_ L	- L-	4		5
MENU SUBJECT TO CHANGE			OATMEAL	BREAKFAST STICK	
			100% FRUIT JUICE	100% FRUIT JUICE	
			LOW FAT MILK	LOW FAT MILK	
	89	10	11	:	12
CHICKEN BISCUIT	PANCAKES	CINNAMON ROLL	FRIED EGG PATTY & TOAST	FRENCH TOAST STICKS	
100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	
LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	
1	5 16	5 17	18		19
NO	CHERRY FRUDEL	BREAKFAST PIZZA	SCRAMBLED EGGS & BISCUIT	BISCUIT & GRAVY	
SCHOOL	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	
	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	
2	2	3 24	25		26
CINNAMON CHIP SCONE	BANANA BREAD	BREAKFAST STICK	EGG & CHEESE OMELETTE W/ CROISSANT	WAFFLES	
100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	
LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	
2	9 30	31	1	L	2
MIXED BERRY SCONE	DONUT	BLUEBERRY BREAD	SRAMBLED EGGS & TOAST	CINNAMON BAGLE	
100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	
LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	LOW FAT MILK	

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352

THIS INSTITUITION IS AN EQUAL OPPORTUNITY PROVIDER