



JANUARY 2024 LUNCH MENU
PARRY McCLUER HIGH SCHOOL



PB&J SANDWICH W/ STRING CHEESE & CRACKERS AND SALAD BAR OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
MENU SUBJECT TO CHANGE			4 PULLED PORK BBQ ON BUN GREEN BEANS FRIES FRUIT CHOICE OF LOW FAT MILK	5 SALISBURY STEAK & GRAVY W/ ROLL MASHED POTATOES CORN FRUIT CHOICE OF LOW FAT MILK
8 BACON CHEESEBURGER ON BUN BAKED BEANS SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	9 CHILI DOG ON BUN POTATO WEDGES ONION RINGS CARROT CUP FRUIT CHOICE OF LOW FAT MILK	10 PIZZA TOSSED SALAD BROCCOLI & CHEESE FRUIT CHOICE OF LOW FAT MILK	11 GROUND BEEF NACHOS SALSA CUP CORN REFRIED BEANS FRUIT CHOICE OF LOW FAT MILK	12 BBQ BAKED CHICKEN W/ ROLL MASHED POTATOES GREEN BEANS FRUIT CHOICE OF LOW FAT MILK
15 NO SCHOOL	16 CHICKEN QUESADILLA W/ SALSA CUP CORN REFRIED BEANS FRUIT CHOICE OF LOW FAT MILK	17 CHEESE BITES W/ MARINARA SAUCE TOSSED SALAD FRIES FRUIT CHOICE OF LOW FAT MILK	18 RANCH CHICKEN WRAP BROCCOLI SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	19 GRILLED CHEESE SANDWICH TOMATO SOUP GREEN BEANS FRUIT CHOICE OF LOW FAT MILK
22 HOT HAM & CHEESE GREEN BEANS SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK	23 PEPPERONI & CHEESE POCKET TOSSED SALAD CARROT CUP POTATO WEDGES FRUIT CHOICE OF LOW FAT MILK	24 CORNDOG NUGGETS BAKED BEANS GLAZED CARROTS FRUIT CHOICE OF LOW FAT MILK	25 BAKED ZITI W/ GARLIC BREAD TOSSED SALAD CORN FRUIT CHOICE OF LOW FAT MILK	26 SWEET & SOUR CHICKEN AND RICE BROCCOLI PEAS FRUIT CHOICE OF LOW FAT MILK
29 CHICKEN PHILLY SUB STEAMED CARROTS GREEN BEANS FRUIT CHOICE OF LOW FAT MILK	30 WALKING TACO CORN REFRIED BEANS FRUIT CHOICE OF LOW FAT MILK	31 PIZZA TOSSED SALAD ONION RINGS CARROT CUP FRUIT CHOICE OF LOW FAT MILK	1 CHILI W/ CORNBREAD POPPERS BAKED POTATO BROCCOLI FRUIT CHOICE OF LOW FAT MILK	2 CHEESEBURGER ON BUN BAKED BEANS SWEET POTATOES FRUIT CHOICE OF LOW FAT MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR NUTRITION DEPARTMENT AT 540-261-3352